

# RESOURCES AND SERVICES

## for Older & Disabled Adults



- Get connected with information and referrals
- Find assistance with planning and decisions
- Get help accessing benefits and resources
- Find help to live at home

**One easy place to start** when you or a loved one needs help with aging, disability, or caregiving

**Friendly, real people to talk to** who can answer questions and connect you to the services you need

Contact us:

707-253-4248

 <https://connectionsnapacounty.org> 

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**Connections**  
N A P A • C O U N T Y



# Connections

N A P A • C O U N T Y

## A FREE SERVICE for NAPA COUNTY RESIDENTS OVER 60

Connections Napa County is an emerging Aging and Disabilities Resource Connection\* that provides information, referrals, and support for older and disabled adults and their families.

Connections' goal is to help you maintain your independence and live safely in the community.

The staff is available to answer your questions and connect you to a wide range of services such as:

- **Caregiving support** and help for family members
- **Benefits and insurance guidance** (Medi-Cal, Medicare, SSI, food support)
- **In-home and community services** to help people live safely at home
- **Housing, transportation, and accessibility resources**
- **Planning for aging, disability, or long-term care needs**

The staff are available via phone or by scheduling a home visit.

**CALL US TODAY**

**707-253-4248**

**Or visit [connectionsnapacounty.org](https://connectionsnapacounty.org)**

Connections Napa County is funded through donations and grants from the Napa County Tobacco Master Settlement Agreement (MSA) funds, Napa/Solano Area Agency on Aging, Kaiser Permanente, and Providence Community Health Foundation Napa Valley.

\*Aging and Disability Resource Connections (ADRC) are part of California's Master Plan for Aging—to make it easier for older adults, people with disabilities, and caregivers to find coordinated services that support aging safely and independently in their communities.